

Entertainment

Meet the new Boss, same as the old Boss

pg 12



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HALIFAX • TUESDAY, JANUARY 27, 2009

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Celebrity Buzz

Kanye West opts for a name change

pg 14



Glen stays in Glen Breton, court rules

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LIQUOR Glenora Distillers in Cape Breton gets to use "glen" to advertise its single-malt whisky.

Since 2000, the company has been battling in court for the name Glen Breton with the Scotch Whisky Association. On Friday, the Federal Court of Appeal decided in Glenora's favour.

The Scots claimed the use of the name "glen" would mislead customers to think it was a Scottish whisky.

"It's nothing we've ever proclaimed. We're Canada's only single-malt whisky and we're proud of that," Glenora spokesman Bob Scott said.



Health pg 9



Divorce revenge all too common

Sports pg 8

Russell not afraid to make changes

Business pg 7

\$7B going to infrastructure, Baird says

Hitting the ice A chilly game



Josh Frausell plays around with a puck at the North End Community Rink yesterday. Frausell and his friends had the day off from Halifax West High School and braved the frigid weather to get a hockey game in.

Inmate's death a murder, police say

Cops investigating suspicious death at Burnside facility

PAUL MCLEOD
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Police believe a rare inmate death yesterday at the Burnside Correctional Facility is a case of murder.

The prisoner, unidentified but in his 20s, was found dead in his cell yesterday at 6:12 a.m. Halifax Regional Police say the death is suspicious and are investigating it as a homicide.

A Justice Department spokeswoman said deaths in provincial custody are very unusual.

"It's extremely rare. An in-custody death, we've only had three in Nova

"It's extremely rare. An in-custody death, we've only had three in Nova Scotia in, I believe, the past 15 years."

Sherri Aikenhead, spokeswoman

Scotia in, I believe, the past 15 years," spokeswoman Sherri Aikenhead said.

The last prisoner to die in custody was Howard Hyde in the fall of 2007. That death created controversy because Hyde, a paranoid schizophrenic, died hours after being Tasered by police.

Nova Scotia's chief medical examiner later determined Hyde died not from the Taser, but from excited delirium brought on by ar-

tery disease, obesity and physical restraint.

Another prisoner died of natural causes in 2006, but the last death before that was in the early 1990s.

Halifax Regional Police are taking charge of the investigation of yesterday's death. The Justice Department will be doing an internal investigation, as well.

This comes just one day after another man died in the custody of the RCMP. Ryan Allen McKay, 28, of

Waverley was arrested Saturday night by Enfield RCMP for breaching a court order. The man was co-operative and arrested without incident.

But at 3:50 a.m. Sunday, police found him in a cell by himself, unresponsive, and staff could not revive him. There were no outside signs of distress or suicide, but nothing has been ruled out. An autopsy was done yesterday, but the information may not be available for some time.

The RCMP major crime unit and Halifax Regional Police are investigating.

ShareYourViews

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Throne speech gives a budget preview

Canada 2009

Federal Budget

PARLIAMENT Words aside, the numbers are what count, and today's federal budget was always the main event.

The speech from the throne, delivered yesterday by Gov. Gen. Michaëlle Jean, reopened the 40th Parliament with a brief, gloomy prelude to the budget that the government has already said will bring tax relief and about \$13 billion in new spending.

There were none of the usual trappings of throne speech day: No honour guard, no red carpet, no fanfare for the arrival of the Queen's representative. A -32 C wind chill ruled out a 21-gun salute.

The speech — 3½ pages long, in contrast to the 16-page address delivered by Jean two months ago — was austere in its outlook, but more conciliatory in tone.

In a world "threatened by a struggling economy," Prime Minister Stephen Harper called on the spirit of co-operation that prevailed during other "times of great crisis" — war, economic depression and "moments when great policy division tugged the very bonds of this union."

The Conservative government said it will "spend what is necessary" on an economic stimulus plan to revive the ailing economy.

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MORE COVERAGE PGS 3,4,6 & 7

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Clear your walkway, save a mail carrier

In 2007, Canada Post carriers reported 59 slip-and-fall accidents in Halifax. Forty-five Halifax carriers had slipped and fallen by October 2008. Canada Post and Canadian Tire are having a snow-clearing contest; visit canadapost.ca/cleartheway for details. **METRO HALIFAX**

Local



Cold, but no record-breaker

It was a chilly -16 C in Halifax yesterday before the wind chill — but believe it or not, that wasn't a record-breaker. That honour is reserved for the bone-rattling -28.5 C we got Jan. 26, 1994. The warmest it's ever been on that day, in case you're wondering, was a positively spring-like 12.9 C in 1978.

METRO HALIFAX

OnStar tracks stolen car

FOUND A vehicle stolen in an alleged carjacking was recovered near an old recycling depot Sunday night. Police said two young men were getting into their 2005 Chevy Suburban in Westphal at around 5 p.m. They were trying to lock the doors when a man pulled one of the men out of the vehicle and stole his gold chain. The other alleged victim was trying to get in the SUV when two other men confronted him.

One of the suspects took off in the Suburban, heading east on Highway 7. The other two men left the scene in a red Cherokee.

The RCMP contacted OnStar and the vehicle was tracked to an old recycling depot off Whynder Road.

The vehicle was undamaged. The RCMP are trying to track down the suspects and are asking anyone with information to contact police or Crime Stoppers.

'Young and skinny' suspects hit sub shop

ROBBERY Two men wearing masks walked into a Subway store on Highway 7 in Porters Lake on Sunday night.

Police said one of them wielded what appeared to be a baseball bat in the 11 p.m. robbery. They demanded money from the employee and left with a small amount of cash.

RCMP are describing the two suspects as "young and skinny." They wore ski masks with the hood of their sweaters pulled up.

METRO HALIFAX



Video The Tories announce billions in infrastructure funding, and Michael Ignatieff accuses the government of having a "split personality" at metronews.ca/canada

Blogs SAG, Golden Globes, LAFCAs and Razzies: Hollywood Rants on how awards show fatigue is killing the Oscars at metronews.ca/YourMoney

Allan Small on finding an investment adviser at metronews.ca/investing



Drug ads lead to unnecessary prescriptions: Researcher

NICK LOGAN
For Metro Halifax



Despite a ban on ads promoting prescription drugs in Canada, many people are still heading to their doctors seeking cures they've seen on TV.

"We're not very good at enforcing our law in a number of ways," says Barbara Mintzes, who teaches pharmacology at the University of British Columbia.

People with insurance coverage are the most likely to ask for drugs they see advertised, she says. Mintzes' research, published in the Canadian Medical Association Journal in 2003, shows 75 per cent of the time doctors give out the prescriptions their patients ask for.

Looser American laws allow drug companies to ad-

vertise on TV and in magazines available to Canadians.

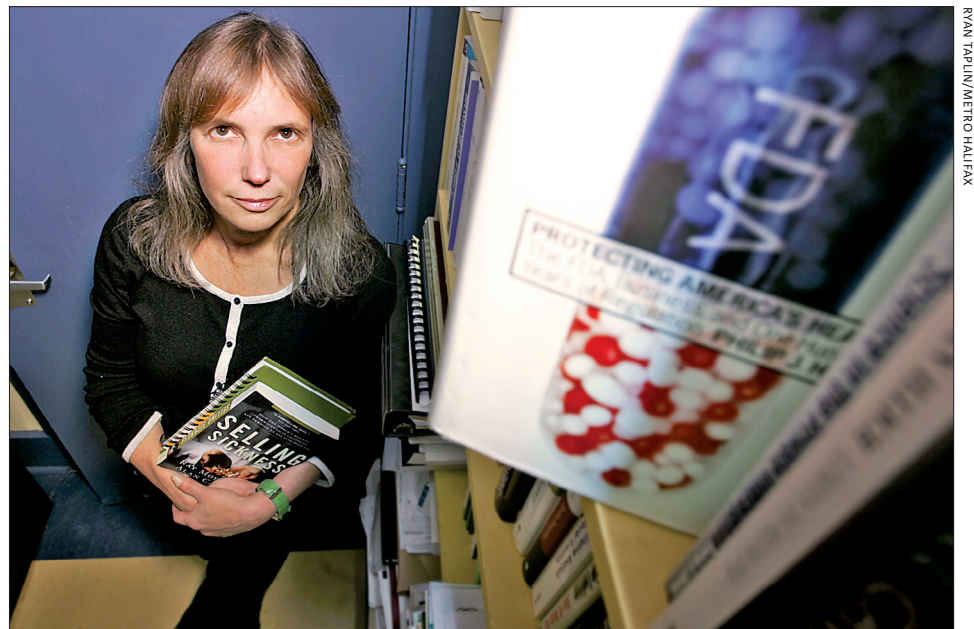
Mintzes says distributors use a loophole in the law to air the ads on Canadian stations, as well.

The Canadian government amended the law in 1978 to allow drug companies to advertise generic drugs' price comparisons, so long as there was no mention of a drug's purpose or effects.

Pharmaceutical companies can promote anti-depressants, sleeping pills and erectile-dysfunction remedies using what Mintzes calls "reminder ads."

"It shows some image of a person who is gloriously happy because of the drug, but it doesn't give you anything in terms of solid information to judge it with."

The overall effectiveness of the drugs is often ques-



RYAN TAPLIN/METRO HALIFAX

Barbara Mintzes, an assistant professor of pharmacology and therapeutics at the University of British Columbia, is shown at Dalhousie yesterday. Mintzes spoke at Dalhousie last night about direct-to-consumer advertising of prescription drugs.

tionable, she says.

Mintzes spoke at Dalhousie University last

night, hoping to highlight the connection between money spent on advertis-

ing and the dangers of taking unnecessary prescriptions.

Dear Jim, N.S. wants a green package

PAUL MCLEOD
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Like Christmas morning, many people will be waking up today hoping for tons of new loot.

But today, the jolly gift-giver will be federal Finance Minister Jim Flaherty and his sack will be the federal budget.

It's well-known the government will be throwing around a lot of infrastructure money to try to boost the economy through the downturn.

Many people will be waiting to see exactly where that money goes.

"We'd like to see most of the spending have a benefit both to the environment and the economy," said the Ecology Action Centre's Mark Butler. "We don't want to just see 'here's a little bit for you guys' we want the focus on a green stimulus."

Butler said the government should shy away from projects like building new roads.

Premier Rodney MacDonald echoed support for green stimulus, but said some new

"We'd like to see ... spending have a benefit both to the environment and the economy."

Mark Butler

projects, like twinning highways, need to be done.

MacDonald also listed education, the Atlantic Gateway and more employment insurance money as priorities.

"I want to see dollars that can get to the province as quickly as possible without a lot of red tape."

"And I want to see flexibility," said MacDonald.

Mayor Peter Kelly also said he had concerns about money getting here as fast as possible.

He hopes stimulus is distributed as gas tax funds currently are, which Kelly says is the "quickest hit" for funding.

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National Wish Lists

Budget priorities from Metro newsrooms across the nation

OTTAWA

With the federal budget set to be tabled today, the mayor of Ottawa has new funding for the city's infrastructure on his wish list.

Aimed at creating jobs and boosting the economy, yesterday's announcement of \$4 billion in new infrastructure spending by Minister of Transport, Infrastructure and Communities John Baird will leave a lasting legacy on the city, Mayor Larry O'Brien said.

TORONTO

Accelerating infrastructure projects and getting shovels in the ground are two priorities that Toronto Mayor David Miller and Ontario Premier Dalton McGuinty hope they can act on.

That is, if today's federal budget comes through with the

required federal funding both leaders seek.

Politicians have complained that Ottawa has made repeated promises of cash from a \$33-billion federal infrastructure fund, but the money remains in limbo, stalling many projects.

Another major issue is employment. Barely 30 per cent of the jobless in Ontario now receive EI benefits.

ALBERTA

The mayors of Alberta's two largest cities agree that today's budget announcement must address municipal infrastructure in each city.

"Edmonton would benefit from more ... infrastructure projects like expanding our LRT, finishing our overpasses ... and building new recreation centres," Edmonton Mayor Stephen Mandel said.

In Calgary, Dave Bronconnier agreed, saying, "infrastructure and housing. Those are the two priorities that will keep the economy moving."

Meanwhile, Premier Ed Stelmach called for more support for "individual Albertans," focusing on issues such as airport fees and the cost of credit card transactions to small businesses.

VANCOUVER

Social housing, transportation and sewage infrastructure top the wish list of B.C.'s largest cities.

Vancouver Mayor Gregor Robertson said he wants funding for new social housing units and money to accelerate the completion of a light rail transit line to the University of B.C.

Surrey Mayor Dianne Watts is hoping for sewage system upgrades and the improvement of a main avenue.

News in brief

POT BUST RCMP officers busted an alleged marijuana grow-op in Ecum Secum on the weekend. Officers searched a

house on South Shore Road Saturday night. They seized 79 plants, a bag of contraband cigarettes as well as a computer

and grow equipment. A 50-year-old man and a 45-year-old woman have been charged.

METRO HALIFAX

Canada/World

A focus on tax breaks

Billions of dollars in tax breaks for the middle class, including incentives for home renovations, are expected to be unveiled today as the Conservatives seek to maximize the bang for the buck in their big-spending budget.

The tax cuts will highlight a massive economic bailout plan with tens of billions of dollars in new federal spending and tax measures, \$2 billion in help for the jobless, cash for the auto industry, \$7 billion for urban reconstruction and measures to free up consumer and business loans.

The budget will project a deficit of \$64 billion over the next two years.

The government is planning a series of tax initiatives, including incentives for home renovations to revive the building trades during the recession.

"Some of those tax initia-

"Some of those tax initiatives will involve getting money in consumers' pockets, so that ordinary people ... can spend money."

Stephen Harper

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tives will involve getting money in consumers' pockets, so that ordinary people — working-class people, middle-class people — can spend money. These will also be affordable, good tax reductions for the long term," Prime Minister Stephen Harper told CTV yesterday.

Broad-based tax cuts, however, are risky for the Conservative minority government, which is under threat of defeat from the opposition parties. The Liberals, who hold the key to

the government's survival, have said they will try to vote down the government if the budget slashes income taxes. The Liberals argue that tax cuts are ineffective as an economic stimulus tool and could saddle Ottawa with perpetual budget shortfalls.

But the Conservatives question Liberal Leader Michael Ignatieff's commitment to defeating the government and possibly forcing an election over this budget. Observers also question whether the Liberals would want to go into an election opposing an income tax break for the middle class.

TORSTAR NEWS SERVICE

Ottawa Senators sworn in



New Senator Pamela Wallin stands at her desk before the speech from the throne in the Senate chamber yesterday. Wallin was one of 18 senators sworn in yesterday, a group that includes Mike Duffy and former Olympic skier Nancy Greene Raine.

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Upcoming Coverage Tomorrow

- The breakdown on who gets what
- Reaction from the opposition
- Profiles on locally affected families
- How did Canada's major cities fare?
- Will the auto industry get help?
- Infrastructure and the environment
- Social housing and the Tory plans for EI
- Kate Mac-Namara from CBC gives Metro her take



News in brief

BIRD FLU There is no indication an outbreak of bird flu in British Columbia has spread beyond the turkey farm near Vancouver where the disease was discovered last week, but testing continues, officials said yesterday. Crews began killing the 60,000 turkeys at the farm in Abbotsford, B.C., that were ordered destroyed after the

Canadian Food Inspection Agency (CFIA) confirmed several of the birds had contracted the virus.

LUMBER Ottawa's plans to aid its struggling forest industry could violate a lumber trade agreement with the United States, a U.S. lumber producers organization warned yesterday.

The federal budget, set to be unveiled this afternoon, is expected to include \$150 million to promote wood use and \$1 billion to help single-industry communities cope with the economic downturn. The spending may violate a trade deal that prohibits Canada from subsidizing lumber producers.

REUTERS

Obama reverses Bush emissions-limit policy

U.S. President Barack Obama began reversing the climate policies of the Bush administration yesterday, clearing the way for new rules to force auto makers to produce more fuel-efficient and less polluting cars.

The president told the U.S. Environmental Protection Agency to reconsider immediately a request by California to impose its own strict limits on vehicle carbon dioxide emissions, blamed for contributing to global warming.

Former president George

W. Bush's administration had denied the request, prompting California and other states to sue.

"The federal government must work with, not against, states to reduce greenhouse gas emissions," Obama said.

"My administration will not deny facts, we will be guided by them."

Obama's directive, likely to result in a formal change in the coming months, could prompt as many as 18 states to follow California's lead.

The president also direct-

Striving for peace

- Obama vowed yesterday that his new Middle East envoy George Mitchell would engage vigorously in the quest for Israeli-Palestinian peace, and expressed confidence he would achieve concrete results.

ed the Department of Transportation to move forward with stricter fuel efficiency standards on 2010 model vehicles, giving ailing auto manufacturers 18 months to prepare. **REUTERS**

Congo Break from battle



A government soldier carries her infant on her back yesterday at Mushake in eastern Congo. Congolese Hutu rebels said Sunday they had clashed with a Rwandan-Congolese force. Civilians feared they would be caught in the violence.

Medic charged with extortion in Travolta plot

BAHAMAS A Bahamian paramedic pleaded not guilty and was held without bail yesterday on charges he conspired to extort \$25 million US from John Travolta after the actor's son died in the Bahamas this month.

Police said last week they were investigating a complaint of an extortion plot against Travolta. Police and prosecutors have not elaborated on the nature of the scheme.

Prosecutors allege the paramedic, Tarino Lightbourne, 47, tried to extort Travolta by means of threats. A former senator, Pleasant Bridgewater, is due in court tomorrow to face charges of conspiracy to extort and abetment in connection with the case. **REUTERS**

Law bans retaliation in sex harassment cases: U.S. court

WORKPLACE An employee is protected from being fired for answering questions during an employer's investigation of sexual harassment, the U.S. Supreme Court ruled yesterday.

The unanimous court ruled that anti-retaliation provisions for employees who report workplace discrimination also extends to an internal investigation of a supervisor or worker.

"Nothing in the statute requires a freakish rule

protecting an employee who reports discrimination on her own initiative but not one who reports the same discrimination in the same words when her boss asks a question," Justice David Souter said.

The ruling decided an important workplace issue. Federal lawyers said victims would be unwilling to cooperate in employer investigations if they faced punishment like the loss of their jobs. **REUTERS**

News in brief

GAZA European countries pledged yesterday to study ways to prevent arms smuggling into the Gaza Strip, including specialized equipment. Israel has said Hamas used tunnels between Gaza and Egypt to transport weapons.

PREGNANCY A British team has for the first time successfully used a new "test tube" fertilization technique that better predicts which of a woman's eggs will most likely result in pregnancy, an expert said yesterday. **REUTERS**

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Comment & Views

Comment

PM's credibility dwindling

National Report



“He’s starting to sound like a New Democrat,” Jack Layton said yesterday, speaking of Stephen Harper.

The NDP leader, alluding to plans in the Conservative budget to invest in social housing, was describing how the government would do anything to survive. Anything.

Yesterday was the throne speech highlighting a new tone of bipartisanship. Today will be the neck-saving budget. We can say neck-saving because more than half the budget has already been deliberately leaked as part of Harper’s effort to

strategically manipulate the news agenda.

The multi-billion dollar fiscal stimulus combined with tax cuts will likely be enough to satisfy Liberal Leader Michael Ignatieff who doesn’t want an election now and who will argue that his party forced the government’s hand. The bottom line is that a prime minister chastened by his near calamity last fall will live to see another day.

His sense of desperation has seen him enter into a contradiction of staggering dimension, one of the biggest flip-flops Ottawa has ever seen. Only two months ago the government

was assuring one and all that, in the words of Finance Minister James Flaherty, “The days of chronic def-

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icits are behind us.”

This was after Harper promised in the election campaign that there would be no deficit. Then last week, the government announced there would be five years of deficits. Not just any deficits. But huge deficits — \$64 billion over the next two years.

The amazing about-face constituted the toughest challenge for the PM to surmount. But his adroit use of pre-budget leaks has done the deed. The folks in the Prime Minister’s Office know that the media only

hangs on to a story until the next good one comes along. So after leaking the \$64-billion story, they followed it with other pre-budget news. The story of the stunning deficit reversal was a one-day wonder.

It’s not a question of whether big deficits in this teetering economic climate are necessary. They may well be.

But what it does highlight is once again the question of credibility. Again it is clear with this government that it is all about political manipulation, of taking advantage of the gullible, of thinking that the people will forget what was stated categorically before and believe the Harper team now.

“It’s all about ‘double-speak,’” Ignatieff said. “The stubborn reality is a problem of trust.”

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



Views

National securities regulator needed now

In Business

Charles Davies

Veteran Business Writer

In Canada, there’s nothing as resistible as an idea whose time has come. Thomas Hockin, chair of the Expert Panel on Securities Regulation in Canada, says the time is right for the creation of a national securities regulator.

Of course, some have been saying this since 1935, when the suggestion was first aired by the Royal Commission on Price Spreads. Hockin’s panel wants to replace our fragmented system of 13 provincial and territorial securities commissions with one regulator that will make public companies more accountable

while eliminating overlaps and unnecessary compliance costs.

Were it not for parochialism and myopia (mainly in Alberta, B.C. and Quebec), we might already have a national commission. Indeed, the federal government, mainly in the person of Finance Minister Jim Flaherty, has decided to ignore constitutional and court challenges and create a national regulator anyway. Expect an announcement in the budget announcement today.

Investors shouldn’t breathe any sighs of relief, though. A national regulator is a necessary foundation for sound market regulation, but it’s only one pillar of a viable system. For Canadian and foreign investors to have genuine confidence in our capital market we need much more. We require truly vigorous enforcement, a knowledgeable judiciary that can move with relative speed and

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impose meaningful penalties when necessary, and an auditing regime that ensures the fullest possible disclosure and transparency for public companies. The status quo is clearly unacceptable.

Despite rare exceptions, such as the Research In Motion stock option accounting case, wrongdoers usually go unpunished. In some cases, notably Bre-X, no one is ever found accountable.

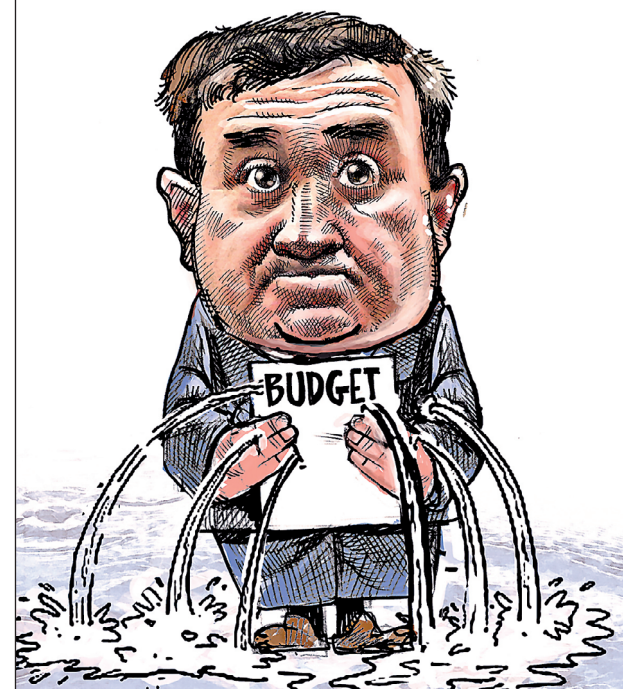
No commission, national or otherwise, will succeed unless the RCMP’s lacklustre integrated market enforcement teams are replaced with something better funded and better directed, such as a new national enforcement branch as part of the new regulatory structure suggested by Hockin’s panel.

Judges will need better training and resources to move with greater speed and expertise to bring cases to conclusion. And laws need revision to ensure that, when convictions result, there are meaningful sentences or fines.

Underpinning these reforms, Canada needs tough, transparent auditing. This doesn’t mean international financial reporting standards, which Canadian auditors are pushing Canadian companies to adopt by 2011. The existing system, Canadian generally accepted accounting principles, is hardly without faults, but with refinements, it would give investors much more confidence that Canadian companies’ books are uncooked.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.

LEAKS



MICHAEL DE ADDER

Letters

Is sabotaging condoms the same as not taking the pill?

With regard to the acquittal in the case of the boyfriend sabotaging condoms in order to impregnate his girlfriend, the Crown attorney says the case involves “a serious women’s issue,” hence, she may appeal to the Supreme Court of Canada.

Let’s try the shoe on the

other foot. What if, hypothetically, a woman lied to her boyfriend about being on the pill, became pregnant, then sued for child support — would that be a serious men’s issue? After all, his financial freedom and well-being might be put in jeopardy by her deception. Just wondering!

JOHN R. DAVIES
HALIFAX

Quote of the Day

“When a million children die of malaria a year ... I don’t think the economic crisis changes the moral value of those lives being worth saving.”

— Bill Gates on supporting malaria research

Metro Online Poll Results

31%
SAID
YES

Do you support the Tory government’s decision to run \$64-billion deficit over two years?

69%
SAID
NO

Weigh in on today’s question at metronews.ca

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Letters must include sender’s full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Starbucks pulls peanut products

Starbucks has pulled all products containing peanut butter from its stores in the U.S. and Canada as a safety precaution, amid a U.S. salmonella outbreak linked to products from Peanut Corp. of America's processing facility in Georgia. **REUTERS**

7

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

The DAILY BUSINESS BUZZ

Resale values rise:

Fuelled by stable and diverse economies, resale real estate values increased in the fourth quarter of 2008. The average price of a standard condominium rose 19.8 per cent to \$174,183 year over year, while the price of standard two-storey homes increased 12.4 per cent to \$236,969.

Working together:

Tougher economic times should bring employers and employees closer together to help companies overcome the challenges presented by a deepening recession, said consultant Mildred Royer, "so they feel like part of the solution and not part of the problem."

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\$7B for infrastructure: Baird

There has never been a better time to fix everything that's broken in Canada.

Or that's what the economists say, and it seems the federal government agrees.

Yesterday, John Baird, minister of transport, indicated the government will invest \$7 billion in infrastructure as part of the stimulus package to be unveiled today.

Of the \$7 billion Ottawa has earmarked for infrastructure, the government says it will throw \$1 billion toward green energy proj-

Canada 2009

Federal Budget

ects, which, according to Gauthier, would be a much needed investment, especially in Ontario where 80 per cent of the energy sources will expire within the next 20 years.

"You don't want to do this when the economy is running full steam," explains Pascal Gauthier, a TD economist, of the governments' timing. "It's better to do it if you can at a time like this when the pri-

vate sector is in contraction mode. You don't want public expenditures to elbow out private investment."

That sentiment was echoed by Joe Martin, director of Canadian business history at the Rotman School of Business.

To get the most out of the taxpayer-funded \$7 billion, Martin said businesses competing for prospective contracts should "be able to put the shovel in the ground immediately. If it has to wait until 2010, that's probably too late."

TORSTAR NEWS SERVICE

Business in brief

LAYOFFS More than 70,000 workers worldwide were affected by layoff announcements yesterday. Electronics maker Philips cut 6,000 jobs in Europe. Dutch bank ING cut 7,000 of its 130,000 jobs. European steelmaker Corus said it would cut 3,500 jobs.

MARKETS Toronto's S&P/TSX composite index rose 166.11 points, or 1.93 per cent, to 8,797.51 yesterday as Europe's financial shares recovered, helping to boost their Canadian counterparts. Key rallying stocks included Royal Bank and Manulife Financial.

NON-PROFIT The Bill & Melinda Gates Foundation has lost 20 per cent of its assets in the recession, but will still increase spending on global health, education and other causes in 2009, from about \$3.3 billion US in recent years to \$3.8 billion US. **REUTERS**

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• Henry Choo Chong advises a young reader on whether to invest a recent bonus into RRSPs. Visit metronews.ca.

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The Dallas Cowboys' Terrell Owens will star in his own reality show this summer. VH1 announced yesterday the series takes place in the off-season. Owens' friends Monique Jackson and Kita Williams will work as his "matchmakers and therapists." Former Cowboy Michael Irvin will also have a reality show. **METRO NEWS SERVICES**

Sports



"Back in 2004, at first Rodriguez did his best to try and fit into the Yankee culture – his cloying, B Grade actor best."

Excerpt on Alex Rodriguez from *Yankee Years*, the upcoming book co-written by former New York Yankees manager Joe Torre and SI.com writer Tom Verducci.

SOURCE: ESPN

JOHN.CHICK@METRONEWS.CA

Brown named first star of week

NHL The Los Angeles Kings' Dustin Brown, the Edmonton Oilers' Alex Hemsky and Carolina Hurricanes goaltender Cam Ward are the NHL's three stars of the week. Brown scored game-winning goals in consecutive road contests. Hemsky scored two goals and two assists in his lone game last week, a 4-3 win over Columbus. And Ward blocked 67 of 68 shots to help Carolina earn two road victories.

Pettitte re-signs with Yankees

MLB Andy Pettitte and the Yankees agreed yesterday to a \$5.5-million US, one-year contract that brings the left-hander back to New York. The veteran left-hander can make an additional \$6.5 million in bonuses and incentives based on time on the active roster. Pettitte joins a starting rotation that already includes CC Sabathia, AJ Burnett, Chien-Ming Wang and Jo-Jo Chamberlain. The deal raised the Yankees' projected opening-day payroll to \$196.8 million for 17 players with agreements. **METRO NEWS SERVICES**

For more sports coverage, visit us online at www.metronews.ca/sports

Sports in brief

SOCCER AC Milan has become increasingly confident of mounting a full Serie A title challenge this season and is quietly hopeful David Beckham will stay long-term. Speculation is now rife that Beckham, who has joined Milan to stay in the England reckoning during the MLS off-season, will stay in Italy beyond March despite his constant denials. "Our wish is that he continues with us," coach Carlo Ancelotti said.

BOXING British former WBA and IBF light-welterweight champion Ricky Hutton will fight Filipino Manny Pacquiao in Las Vegas on May 2, his lawyer said yesterday. "We have got the contract, signed by Manny," Gareth Williams told the BBC. Hutton is the world's top-ranked light-welterweight. Pacquiao, 30, outclassed Oscar de la Hoya in December to confirm his reputation as the best pound-for-pound fighter in the world.

REUTERS

Change visible early in Russell era

MATTHEW WUEST
matthew.wuest@metronews.ca

Cam Russell showed he means business on the weekend.

The Halifax Mooseheads head coach and newly-minted general manager dropped leading scorer Yuri Cheremetiev to the fourth line for long stretches and broke up the red-hot Euro Line in a bid to reward his hardest

working players.

Russell hasn't been a big in-game line-juggler since being named head coach in 2006, but early signs indicate this could be the most visible on-ice change in approach since the Mooseheads fired GM Marcel Patenaude two weeks ago.

Is this Russell coaching how he wanted to coach all along?

"You can read into it any way you want, but from

now on, guys who are ready to play and compete are going to play, no matter who they are," Russell said on Sunday.

Russell said he plans to juggle his lines during games far more than in the past, at least when it's necessary.

"Yeah definitely," Russell



Cam Russell

said. "You'll see a lot more of that. If guys are playing hard, they'll play."

Rookie fourth-liner Ned O'Brien, who lit it up in the pre-season but has toiled in anonymity since, was the beneficiary of Russell's new approach, joining Jan Stransky and Tomas Knotek on the top line in Cheremetiev's absence.

The Mooseheads (13-30-5) are back on the road this weekend against the Val-

d'Or Foreurs on Friday at 8:30 p.m. and the Rouyn-Noranda Huskies on Saturday at 8:30 p.m. They also visit the Montreal Junior on Monday at 8:05 p.m.

Defenceman Justin Pender (abdominal strain) is scheduled to return to the lineup on Friday, but forward Eric Louis-Seize (shoulder) is likely out another week.

O'Brien is day-to-day with a bruised thigh and may miss time.

CFL-reject Berry leading the Cards' D

NFL
Super Bowl XLIII

It happens, oh, every 20 years or so. A player joins a CFL team, stinks, gets released, is waived through the league and becomes an NFL star.

Take **Bertrand Berry**, for example. At 33, Berry is largely responsible for his team's stunning ascent to Sunday's Super Bowl.

There are no ifs, ands or buts about this. Were it not for his team-high seven sacks and exceptional efforts at defensive end, the Arizona Cardinals would not be in Tampa Bay this week preparing to face the Pittsburgh Steelers for NFL supremacy.

It's bizarre, frankly, since the Edmonton Eskimos soured on Berry after a mere two games in 2000. In eight quarters, Berry recorded one tackle and no sacks.

In the inferior CFL, he was both inconspicuous and incompetent.

So into the scrap heap he was dumped, practically penniless, deemed a has-been and a never-was simultaneously.

And, yet, for the past four seasons, Berry has terrorized NFL opponents and the Cards rewarded him with a five-year contract worth \$25 million US.

"I remember him disliking Edmonton," said



Capt. Bruce Meyer holds an Arizona Cardinals flag as the team plane arrives in Tampa Bay yesterday.

Berry's agent, **Greg Williams**, "but I'm also sure his time there motivated him. He wanted so badly to make it in the NFL."

He has. Big time. He's a discard leading the Cards' defence and wise NFL observers suggest Arizona can't prevail Sunday if

Berry turns in a lemon.

• Canada's professional football championship will be decided on Albertan grounds the next two seasons. I'm told the CFL will announce formally within a week or so that Edmonton has been awarded the 2010 Grey Cup game. This year's Cup will be played in Calgary ... the Oakland Raiders plan to hire a new offensive co-ordinator soon, and atop their wish list is **Marc Trestman**, who led the Alouettes to the

Grey Cup game in Montreal last November in his one and only season as a CFL head coach ... Als quarterback **Anthony Calvillo**, the CFL's premier player last season, is eligible for free agency Feb. 16 and will decide shortly whether to resign with the Als or retire. If Trestman jumps to Oakland, Calvillo might retire after 15 CFL seasons ... Grey Cup ticket prices have risen dramatically. They ranged from \$84 to \$274 in Montreal. They'll cost between \$195 and \$370 in Calgary this year. "I don't think this (is an issue)," said Calgary Stampeders president **Scott Ackles**, who may or may not know there's a recession ... Don't be surprised if ex-Winnipeg head coach **Doug Berry** joins the Eskos soon as offensive co-ordinator ... Ex-Toronto Argonauts head coach **Gary Etcheverry** is the Saskatchewan Roughriders' new defensive co-ordinator ... Stamps scout **John Murphy** is the

Lots of 'za

• Papa John's in the U.S. expects to sell about a million pizzas Sunday. The company has calculated that a million pizzas lined up side by side would cover the distance from Phoenix to Tampa 13 times and from Pittsburgh to Tampa eight times.

Blue Bombers' new general manager.

• In baseball, ex-Blue Jays superstar **Roberto Alomar** will join Toronto's spring-training staff and will coach infielders. Alomar hopes to follow in the footsteps of his father, **Sandy Alomar Sr.**, and become a full-time coach. And the Minnesota Twins are close to signing Canadian **Eric Gagne** as a setup man for closer **Joe Nathan**.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

NFL
Super Bowl XLIII

Ward will play: Roethlisberger

Pittsburgh Steelers quarterback Ben Roethlisberger had barely got his feet off the plane in Florida when he was bombarded with questions concerning the health of receiver Hines Ward.

"People ask me that question and I want to smack them," Roethlisberger said yesterday during a news conference he will hold before Sunday's Super Bowl against the Arizona Cardinals.

"He's going to be out there. First of all, it's the Super Bowl. Second of all, it's Hines Ward. He's going to be out there and he's going to be just fine."

Ward, one of the key components of the Steelers' quick-strike offence, sprained his knee during the first quarter of the AFC championship game against the Baltimore Ravens and never returned.

The MVP of Pittsburgh's 21-10 victory over the Seattle Seahawks in the Super Bowl three years ago has been listed as questionable for Sunday's affair at Tampa's Raymond James Stadium. Ward, a 32-year-old four-time Pro Bowl receiver, will not practise until Thursday but said he would be ready to play.

"As far as I know it looks good," Ward told reporters. "I am well ahead of schedule. I am doing the things behind the scenes that have definitely helped me get to a point where I think I can play pretty good."

REUTERS

YorkReport

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Health & Beauty

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Relationship breakdown

When divorce settlements venture skin deep for revenge

The J Spot

Josey Vogels

Sex talk with Josey

want back the diamond necklace I gave you, all the love letters, oh, and my kidney please. Definitely not your typical divorce settlement item, but sure enough, Dr. Richard Batista, a Long Island, N.Y., surgeon wants his ex-wife to return the kidney he donated to her back in 2001. But he'll settle for \$1.5 million in compensation instead. Big of him.

Batista alleged his wife began having an affair 18 months to two years after the transplant. She filed for divorce in 2005 and the settlement has been dragging on ever since. He says it's gotten so bad that he's been prevented from seeing their three young children for months at a time. That's why he took his case with his ex and his ex-kidney, public.

Divorce revenge is unfortunately common. Most people opt for simple things like smashing their ex's car, running up their credit card or posting



Divorce revenge is common, but one recent case where a man is asking for compensation for a kidney he gave his ex-wife tops the bunch, says our columnist.

I understand being angry and feeling betrayed, especially when you've been cheated on and betrayed, but acting on feelings of revenge is always a bad idea.

naked pictures of them on the Internet. But giving your wife your kidney to save her life, one of the most loving, intimate acts one could imagine, and

then wanting compensation for it in the divorce settlement tops the bunch.

I understand being angry and feeling betrayed, especially when you think

you've been cheated on and betrayed, but acting on feelings of revenge is always a bad idea. Beyond the initial rush, it ultimately doesn't make you feel any better and it shoots your karma all to heck.

Nevermind the example you set for your kids: 'Hey kids, if you love someone enough, you'd give them anything, even your own

kidney but if they hurt you, be sure and squeeze everything you can out of them, including body organs, even if it might mean they'll die.'

And of course I don't condone cheating, but unless there's some kind of mutual agreement that outside action is okay, if you're absolutely happy in your relationship, who cheats? Obviously, on some level, this was not a happy relationship. Whether we choose to admit it or not, both parties contribute to a marriage breakdown. The blame may not be 50/50, but focusing on the math won't solve the problem.

Granted, whatever causes a split, you've shared a life together, and things should be fairly split when you, well, split. But, as far as I'm concerned, everyone should at least leave the table with all the body parts they showed up with.

Not surprisingly, Batista's case isn't expected to succeed.

Imagine if it did. What's next? 'I paid for your breast implants; I want the money or the sacs of goo in your boobs.'

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.



A new study shows that happiness in women's marriages increased as they got older.

Empty nest, happy couple

STUDY Empty nesters aren't sitting alone at home twiddling their thumbs and waiting for their kids to call. They're enjoying their mates more.

University of Berkeley psychologists tracked the marital satisfaction of a group of women over 18 years. Their results show that "empty nest syndrome" — where people whose kids have left home suffer from loneliness and depression — is not all-pervasive. In fact, happiness in their marriages actually increased as women got older.

It wasn't that women didn't love their kids, it's just that they enjoyed quality time with their husbands once the kids left.

"This research does suggest that women should not wait until their children leave home to schedule enjoyable time with their partners," said Sara Gorchoff, one of the psychologists.

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The first step to a healthy weight loss

Part 7

How can you lose weight if you can't eliminate...

Causes of constipation:

As previously mentioned in our last chronicle, the causes of constipation are linked to such factors as physical inactivity, a poor diet, repressed emotions or a behaviour that has been developed over the years. Some medications, such as the antixiolytics, anti-depressants, anti-inflammatories and many other drugs, may be a cause of constipation problems.

Your constipation history (suite)

At work:

In many factories, when you asked the foreman for permission to go to the washroom, you were often told to wait until the next break.

Going to conferences or on vacation:

Many people who go to conferences or set out on their vacations literally leave their bowels at home!

How incredible is that?

Are you fed up with feeling bloated and having a hard belly?

If so, here are a few tips that may well make a difference.

Habits:

Every morning, go to the washroom at the same time, even if this means using a small suppository to help.

Diet:

We cannot overemphasize the importance of the dietary fibres found in foods of vegetable origin, such as fruits, vegetables, legumes, whole cereals, nuts and grains.

Liquids:

Too often we forget to drink our six to eight glasses of water a day. Try this little trick: fill a 1.5-litre bottle with water and drink it every day. Some herbal teas also count towards your water intake requirement and at the same time provide the benefits associated with their particular ingredients.

To be continued on January 29th...



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More sleep, less colds?

CELIA MILNE
for Metro Canada



If you sleep less than seven hours a night, you're far more likely to develop a cold than those who slept eight hours or more.

Even more powerful, if your sleep isn't "efficient," you are more likely to develop a cold. Sleep efficiency is the percentage of time you actually spend sleep while lying in bed. If you have less than 92 per cent efficiency, you're 5.5 times more likely to get a cold.

The study, conducted in Pittsburgh, involved 153 healthy men and women from age 21 to 55. For two weeks, they were asked to keep track of their sleep efficiency and length. They were given nasal drops infected with the cold virus. Thirty-five per cent of them developed a cold that was



Sleeping less than seven hours a night could leave you more prone to developing a cold.

clinically detected and another 43 per cent had milder cold symptoms. Those who slept less than seven hours a night were almost three times more likely to develop a cold than those who slept eight hours or more.

Dysfunctional sleep is thought to have an effect on the body's ability — at the molecular level — to fight against an invader such as the cold virus.

The study was published in the Archives of Internal Medicine on Jan. 12.



IN THEATRES FEBRUARY 6

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Former Beatle Sir Paul McCartney is reportedly set to propose to his girlfriend, New Yorker Nancy Shevall, now that her divorce has been finalized and McCartney's daughter, Stella McCartney, has given her seal of approval, the Daily Mirror is reporting. **METRO NEWS SERVICES**

Entertainment

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

BRYAN BORZYKOWSKI
for Metro Canada

You'll have to forgive Bruce Springsteen if it sounds like all he's talked about over the last eight years is George W. Bush. It's no secret that he detested the ex-president's policies and he campaigned vigorously for Barack Obama.

While some people might be turned off by the Boss' politics, if anyone knows what middle-class America needs, it's this rugged rock star. The legendary guitar slinger has penned a plethora of tunes from the point of view of the down-on-your-luck dude, or the guy traipsing along the open road. One of his earliest hits, Born To Run, was about disillusioned 20-something's in

search of the American dream, while Outlaw Pete, the first track off his new album, Working on a Dream, talks about a run-down character who can't escape his past.

Throughout his 35-year career, Springsteen's championing of the little guy hasn't wavered. Though, with Obama now in office, it sounds like life for Springsteen's America could get a little easier.

"You spend 35 years singing your songs about a place. And you see that place in things that people are doing in their communities from city to city on a local basis. But you don't see it on a national level," he told the Guardian recently. "So you work under the assumption that you have some small thing that you

The new Boss

- Springsteen's new album Working On A Dream is available in stores starting today.

can do about it ... And then something happens that you didn't think you might see in your lifetime, which is that that country actually shows its face one night, on election night."

Getting to this point, where he can feel good about the state of his country, has been a tough slog. Not only has America come a long way, but his own career has too. After struggling to obtain commercial success in the early 70s, the Boss had huge hits with a number of albums, including The River and Born In the U.S.A.

Near the end of 80s and the early 90s, however, he divorced his wife, hooked up with current partner and bandmate Patti Scialfa, dissolved the E Street Band to scorn from fans, and two albums, Human Touch and Lucky Town, failed to resonate with his followers.

Although he won a Grammy for Streets of Philadelphia in 1994, a changing musical landscape and a growing family — he has two sons and a daughter — took Springsteen out of the spotlight for a number of years.

But no one can keep the Boss down, especially when America's hurting. In 2002 he teamed up with his old band and released The Rising, a raw collection of tunes that centred around the aftermath of 9/11.

He followed that up with Magic, a scathing indictment of the Bush administration. Both albums were big hits, proving that you should never piss off Bruce Springsteen.

Now, though, with his country's future seemingly on the right track, he is noticeably more optimistic on Working on a Dream. Some might miss the angry Springsteen, but as he nears 60, it's probably a good time for him to finally relax too.



Celeb stamps

Australia has unveiled a new line of stamps featuring Oscar winners (and Aussies) Nicole Kidman, Russell Crowe, Cate Blanchett and Geoffrey Rush.

INTOUCHWEEKLY.COM



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	69	69	69	CFTM TVA 18 heures	Le Cercle (SC)	Les Gags (N)	Histoires-filles	La Fièvre de la danse (SC)		La Promesse (HDTV) (SC)		TVA 22 heures
	6	6	6	CIHF Entertainment	ET Canada	90210 "The Bubble"		NCIS "Love & War" (N)		Project Runway Canada		News (N)
	9	9	9	CJCH etalk	Hollywood	Law & Order: SVU		American Idol (HDTV) (N)		(10:01) Fringe (N)		News (N)
	10	10	10	ELTV (6) EastLink Television				Podium TV		EastLink Television		
	36	36	36	FOX Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	American Idol (HDTV) (N)		(10:01) Fringe (N)		Fox First
primetime	12	12	12	NBC News (N)	NBC News	Hollywood	Extra (N)	The Biggest Loser (N)				Law/Ord SVU
	29	29	29	NW World News	Business	CBC News	Business	Politics With Don Newman (N)		CBC News: The National		Newman
	4	4	4	PBS-B NewsHour With Jim Lehrer	Greater Boston	One on One	Nova (HDTV) (N) (DVS)	Nova (HDTV) (N) (DVS)		Frontline/World (DVS)		Egalité for All
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (HDTV) (N) (DVS)	American Future: A History		Frontline/World		Frontline/World
	68	68	68	TQS (6:30) Le Retour (SC)	Catherine (SC)	Piégé Zézi	Le Grand Rire (SC)	Men in Trees: leçons		110 pour cent		
	23	96	96	BNN Business News	Headline	Market Call	Commodities	Workopolis TV	Business News	Squeeze Play		Market Call
	18	18	18	CNN (5) The Situation Room	Lou Dobbs Tonight			Campbell Brown: No Bias		Larry King Live		Cooper 360
	54	54	54	GOLF Golf Central	Top 10	Lessons	Inside PGA	The Approach	Top 10	Top 10	Top 10	Top 10
	52	52	52	RSE Prime Time Sports		Overtime	NHL Hockey New Jersey Devils at Ottawa Senators. (HDTV) (Live)					Sportsnet Con.
	55	55	55	SCOR Hockey Talk	Game On	Cabby Unlimit	Court Surfing NBA news, scores and highlights.					Score Tonight
news	45	45	45	SPD Unique Whips	NASCAR Pre.	Pass Time (N)	Low Life	Low Life	Super Bikes!	Super Bikes!		Hot Import
	53	53	53	TSN Off the Record	SportsCentre	NHL Hockey Washington Capitals at Boston Bruins. (HDTV) (Live)						Tennis: Australian Open
	43	43	43	FAM Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	44	44	44	TOON Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	Misadventures	Futurama	American Dad	American Dad
	26	26	26	TREE Max & Ruby	Backyardigans	Ni Hao, Kai-lan	Nght Grdn	Toot & Puddle	Franklin	Little Bear	Maggie-Beast	Comfy Couch
	27	27	27	YTV Drake & Josh	iCarly	Adrenaline	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	Prank Patrol	Falcon Beach
	16	16	16	A&E Cold Case Files		CSI: Miami "10-7"		The First 48		The First 48 (HDTV)		Manhunters
	70	70	70	APTN News		Wings-Canada	Great Towns	Wapos Bay	Rez Rides	Fish Out	Mixed Blessing	Caution: Nuts
	50	50	50	BET 106 & Park: BET's Top 10 Live			ATL ★★ (2006, Comedy-Drama) Tip "T.I." Harris, Lauren London.					Baldwin Hills
	37	37	37	BRVO Street Legal "The Firm"		Samba Squad		Live at the Rehearsal Hall		In the Shadow of the Blues		Bravo! Concert
family	25	25	25	CMT Cross Canada Countdown				Home Improve.		Reba	Reba	Hope & Faith
	49	49	49	COM Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	S. Silverman
	153	153	153	COURT Killer Next Door		World's Wildest	Police Videos	Cops Uncut	Dumb Criminal	Killer Forensics		Police Videos
	38	38	38	DISC Daily Planet (N)		How It's Made	How It's Made	How It's Made	Destroyed	Time Warp (N)		Race: Iditarod
	34	48	48	HGTV Holmes on Homes		House Hunters	Property Virgin	Pure Design	Style	Sarah's House	Design Inc.	Colin-Justin
	46	46	46	HIST Ultimate Engineering		NCIS "Blowback"		Ultimate Engineering		Ax Men		NCIS
	17	17	17	MM disBand	Technical Diff.	Degrassi: TNG	Instant Star	Gone Wild	Gone Wild	disBand	Technical Diff.	Degrassi: TNG
	19	19	19	MMM MusicProfile	mmmtop10.com		Where You At	Popagenda "Outed!"		Gene Simmons	Gene Simmons	Celeb Wrestle
	201	201	201	M1 (6:40) Poor Boy's Game (2007, Drama)			(8:25) Fido ★★ (2007, Horror)			30 Days of Night ★★ (2007, Horror)		
	48	23	23	OLN American Gladiators		Bounty Hunter	Bounty Hunter	Survivorman		Mantracker		Bounty Hunter
cable variety	51	51	51	PEACH Seinfeld	Friends	House-Payne	House-Payne	Exit Wounds ★ (2001, Action) Steven Seagal, DMX.				Steve Harvey
	206	206	206	PIX (6:45) Denver & Rio Grande (1952)			(8:20) Jericho Mansions ★★ (2003)			A Fish Called Wanda (1988, Comedy)		
	67	67	67	RDI RDI en direct	RDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct
	39	39	39	SHOW Wife Swap		The Outer Limits		Mutant X "Fool for Love"		Testees	Trailer Park	The L Word (N)
	40	40	40	SLICE X-Weighted "Mike"		Til Debt-Part	Rich Poor	Date My Ex: Jo & Slade		Rich Bride, Poor Bride		End of Leash
	47	47	47	SPACE Stargate SG-1 O'Neill.		Stargate Atlantis	(DVS)	Lost "Pilot" (Part 2 of 2)		Star Trek: Voyager		Destin. Truth
	14	14	14	SPIKE CSI: NY (HDTV)		CSI: NY "Jamalot"		CSI: NY "Trapped"		UFC Unleashed		Unleashed
	57	98	98	STAR etalk	Hollywood	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	Look-A-Like	Off the Leash	Tonight Show
	21	21	21	TLC Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate Plus 8		17 Kids-Count	17 Kids-Count	Toddler-Tiara
	56	34	34	TROP What Happen?	What Happen?	Planet Soap	Big Screen	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
cable variety	20	20	20	TV5 Que.-champion	Journal de Fr2	A communiquer		Les Bébé's animaux		Chez Maupassant		Facteur
	28	28	28	V Doc		Murder, She Wrote		Bless-Father	On the Buses	Quantum Leap		I Prophecy
	60	97	97	VIVA Mysterious Ways "19A"		Judging Amy		Missing		Missing		Encounters
	22	22	22	W Style by Jury	TBA	Will & Grace	Friends	Extreme Celebrity Scandals		Style by Jury	Style by Jury	Good Naked
	251	251	251	WGN Be-Millionaire	Evening News	Two/Half Men	Family Guy	90210 "The Bubble"		Privileged (HDTV)		WGN News

critics' corner

The Mentalist

Patrick (Simon Baker) is so good at the mind games that he's easily mistaken for a psychic, but he goes up against a real one — or at least someone who purports to be one — in this episode. When a wealthy widow is murdered, her "spiritual adviser" (Leslie Hope) claims she had a premonition about it, but Patrick isn't buying that. He stages a seance in an effort to prove the psychic is a fake. Robin Tunney and Amanda Righetti also star in "Seeing Red." 10 PM on CBS



Project Runway Canada

Known as much for her sense of style as her modeling, Iman is the host of this Canadian version of the hit series, which begins its second season tonight. Aspiring fashion designers hope to impress Iman, co-host Brian Bailey and the judges panel enough to last out the competition and win the \$100,000 grand prize. 10 PM on CIHF

At the Concert Hall

She performed in musicals as a child, fronted a disco band as a teen and sang with rock bands as a young adult. But these days Molly Johnson is best known as a jazz singer. In this new episode, she takes the Masonic Temple stage to perform songs from her first three albums as well as standards from her most recent release, "Lucky." 11 PM on BRAVO

60 Minutes lands hero pilot chat

PEOPLE The booking war between the networks erupted anew with the news that hero pilot Chesley Sullenberger will tell his story on 60 Minutes instead of NBC's Today.

Except for brief remarks the public hasn't yet heard from the US Airways captain who safely landed a full Airbus A320 in the Hudson River after losing both engines as he was departing New York's LaGuardia Airport on Jan. 15. The interview airs on Feb. 8.

REUTERS

IntelleVision

Rick McGinnis

Read it at metronews.ca

GlobalStyle

Kenya Hunt

Exclusive at metronews.ca/globalstyle

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Ziggy Stardust returns

David Bowie is set to resurrect his Ziggy Stardust alter-ego. The Space Oddity rocker is in talks with California's Coachella Valley Music and Arts festival to perform his classic album in its entirety. FEMALEFIRST.CO.UK

entertainment **13**

Crista Schnare and Anais Guimond at the Cunard Centre for the Courage to Give Back Awards.

A shout out to families, heritage

HalifaxScene

Jamie Paterson



Last Thursday night I attended a fundraising dinner for Family SOS, a charity that aims to help strengthen families. Money went to fund support services, parent education and kids' after-school and summer programs.

The awards themselves recognize community leaders who give back, despite having to overcome odds of their own. Some of the evening was dedicated to recognizing 15-year-old youth leader Travis Malay, single mom and now legal advocate Becky Atkinson, and communications guru and author Barb Stegemann.

On Sunday, I was able to pay tribute to my heritage with Robbie Burns Day.

Bruce MacKinnon brings out the haggis at the Westin Hotel Burns Night Reception and Banquet



John Cody (from left), Allan MacKenzie and Innis Campbell celebrate Robbie Burns Day at the Westin Nova Scotian.

land's favourite son was born 250 years ago, and his poetry still rings true today. We hear it on New Year's Eve with the singing of Auld Lang Syne, and on Robbie Burns Day

with the overly dramatic Address to the Haggis!

This year it was beautifully recited by Bill Hailey. I have never seen The Bard embraced as he is here, with 'The Scots' being the oldest Scottish heritage society outside Great Britain.

The Westin hosted their tribute complete with haggis and Scotch whisky to wash it down with. This dinner was heavy on dignitaries, with several members of the Scottish Parliament, Lieutenant-Governor Mayann Francis and H.E. Anthony Cary, the U.K.'s High Commissioner to Canada.

When he's not making the Scene, Jamie Paterson hosts The Drive and The Beatlebrunch on KOOL FM in Halifax

AIR CANADA VACATIONS

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Treasure Island • 4★
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Mar. 9 & 10 • 3 nts.

\$469
Taxes & fees: \$197

Orlando via Toronto
Disney's Pop Century Resort • 3★
Special offer 2 standard rm.
Mar. 30 & 31 • 5 nts.

\$569
Taxes & fees: \$153

Disney's Caribbean Beach Resort • 3 1/2★
Special offer 2 standard rm.
Mar. 1 & 8 • 5 nts.

\$669
Taxes & fees: \$153

Fort Lauderdale via Toronto
Sheraton Yankee Clipper • 4★
Area view rm.
Apr. 1-20 • 4 nts.

\$649
Taxes & fees: \$138

Miami via Toronto
Newport Beachside Resort • 4★
1-bedroom suite
Apr. 14-30 • 4 nts.

\$749
Taxes & fees: \$152

London
Royal National Hotel • 3★
Standard rm.
Mar. 25, 27 & Apr. 1-3 • 4 nts.

\$599
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Scandal-scarred Illinois Gov. Rod Blagojevich had someone else in mind for U.S. President Barack Obama's vacant senate seat: Oprah Winfrey. Blagojevich told Good Morning America he thought the talk-show host and media mogul would be a good choice. **METRO NEWS SERVICES**

Celebrity Buzz

Kanye changes name in wake of fashion ad

BLOG POST Kanye West has changed his name, according to femalefirst.co.uk. The Stronger singer wants to be known as Martin Louis The King Jr. in future after being "forced" to adopt a new pseudonym following the launch of his new footwear range for Louis Vuitton, which was unveiled during Paris Fashion Week last week.

In a posting on his blog, the rapper said in a video message "to the world" that, "Due to what has happened — what has happened so severely when the red shoes hit the runway, I was forced to change my name to Martin Louis the King Jr. Address me as such."

Referencing T.I's

Swagger Like Us, West ended the video by saying: "And until then I will be in the building, swagger on a hundred-thousand trillion." Meanwhile, a blog



post supposedly by West saying he wants to try his hand at adult film is apparently the result of hackers, says the singer. The post, which got a lot of attention over the weekend, had West purportedly writing, "I'm open to doing porn. Hell, I'll even do bisexual scenes."

But the rapper insists the phony feature is the result of hackers taking over his MySpace and e-mail accounts. "I just gave the performance of my lifetime for our new president," West said in response to the breach. "Please, I beg you, give me a break! Just let me be great!"

METRO NEWS SERVICES

Damon finds Bond 'repulsive'

PEOPLE Matt Damon thinks James Bond is repulsive, femalefirst.co.uk reports. The Bourne Identity actor — who played CIA agent Jason Bourne in three hit films — has lashed out at Ian Fleming's famous British spy, currently portrayed by Daniel Craig. He said: "He's repulsive. Bond is an imperialist, misogynist, sociopath who goes around bedding women and swilling martinis and killing people. The movies have a formula, they stick to it, and it makes them a lot of money. They know what they are doing and they're going to keep doing it." **METRO NEWS SERVICES**



Blake will avoid Amy: Mom

RELATIONSHIP Amy Winehouse's jailed husband, Blake Fielder-Civil, has vowed to avoid all contact with the troubled singer, according to his mother — and may use one of her love letters to back up demands for a share of her fortune during divorce proceedings, people.com reports.

"Blake doesn't want a reconciliation with Amy now," Georgette Civil tells People, confirming a report in the British press that her son may use the letter to demonstrate how important he has been to Winehouse's ca-

reer. According to British newspaper News of the World, which published excerpts of her handwritten letter, Winehouse, 25, promises in it that she will write new albums especially for Fielder-Civil, 26.

The newspaper adds that legal reps for Fielder-Civil — behind bars for assault and attempting to pervert the course of justice — will argue that he is entitled to half of his wife's estimated \$15 million US earnings.

A rep for Winehouse refused to comment.

METRO NEWS SERVICES



Franco grew fond of Milk moustache

ROLE James Franco liked the moustache he sported in Milk, femalefirst.co.uk reports. The Pineapple Express star portrays Scott Smith in the movie and says he was surprised to find he didn't detest his facial hair or costumes as much as he expected to.

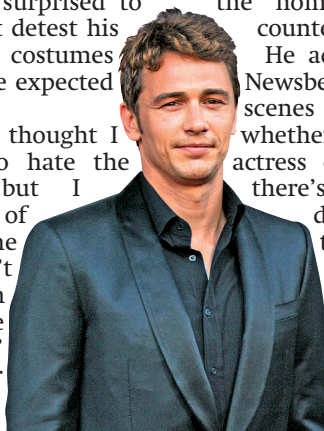
He said: "I thought I was going to hate the moustache but I grew to kind of like it and the clothes aren't too far from what people wear today."

The actor shares love

scenes with Sean Penn, who plays Harvey Milk — California's first openly gay elected official, who was assassinated — but insists he wasn't worried by the homosexual encounters.

He added to BBC Newsbeat: "Intimate scenes like that, whether it's with an actress or an actor, there's not a lot of discussion that goes on, you just kind of do it. So we just kind of did it."

METRO NEWS SERVICES



Jessica sings for Romo

RELATIONSHIP Say this for Jessica Simpson — she doesn't hold back, people.com reports.

"I am so excited that I am going to see my boyfriend tonight," the singer told a crowd of nearly 30,000 fans at Radio 99.9 Kiss Country's annual Chili Cookoff Sunday at C. B. Smith Park in Pembroke Pines, Fla., where she shared the bill with Alan Jackson and other country stars.

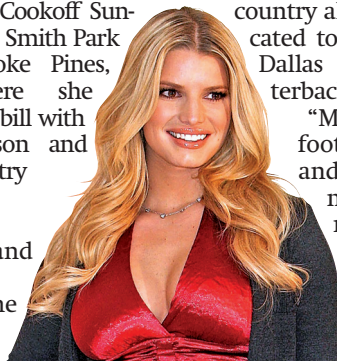
Smiling, happy and hopping around the stage,

Simpson, 28, performed a medley of her pop hit songs during her hour-long show, as well as delivered new songs from her first country album released last fall.

Simpson's rendition of You're My Sunday, from the country album, was dedicated to her boyfriend, Dallas Cowboys quarterback Tony Romo.

"My boyfriend is a football player, and he takes up my Sundays and now my Mondays," Simpson said.

METRO NEWS SERVICES



Brangelina ready for more kids

COUPLE Brad Pitt and Angelina Jolie are "overdue" another child, femalefirst.co.uk reports.

The couple — who have three adopted and three biological kids together — will be adding to their brood in the near future,

according to Brad.

He joked: "We average about two a year, so I guess we're overdue, aren't we?"

Angelina confirmed the couple are prepared to extend their family, despite only recently giving birth to twins. **METRO NEWS SERVICES**

Kelly Osbourne back in rehab

FAMILY Recently engaged Kelly Osbourne has checked into rehab again, according to her mother, Sharon. "Yeah, Kelly's in rehab. What else can we say?" the tearful mother told radaronline.com. "She knew that it was the right thing to do at this point and we're proud that she did it. The family is all standing behind her. Kelly knew that she needed help and she's getting it." Intouchweekly.com says Sharon hasn't revealed why Kelly is in treatment again.



METRO NEWS SERVICES

Miley over with Jonas feud

VIDEO In Miley World, there's no such thing as a Miley Cyrus/Jonas Brothers feud and she never wanted to give Demi Lovato and Selena Gomez a smackdown, says intouchweekly.com. In a candid video on her site, Miley said of her ex-

boyfriend Nick Jonas, "I love Nicky. I do love him. I love Kevin. I love Joe. I love Frankie ... So everyone should back off the feud 'cause we're over it." **METRO NEWS SERVICES**



A behind the screens look at aliens, the paranormal and chilling predictions for the future.



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